Chabot AA/AS General Education Criteria

Revised: May 6, 2025

**English Composition** 

Courses fulfilling the written composition requirement shall be designated to include both

expository and argumentative writing.

A course approved for a general education transfer pattern shall be automatically approved

for a local general education category to which it aligns. The following transfer pattern

areas align with the English Composition local general education category.

Cal-GETC Area 1A English Composition

• IGETC Area 1A English Composition

CSU GE Breadth Area A2 Written Communication

**Oral Communication and Critical Thinking** 

A course approved for a general education transfer pattern shall be automatically approved

for a local general education category to which it aligns. The following transfer pattern areas align with the Oral Communication and Critical Thinking local general education

category.

Cal-GETC Area 1C Oral Communication

Cal-GETC Area 1B Critical Thinking

IGETC Area 1C Oral Communication

IGETC Area 1B Critical Thinking

CSU GE Breadth Area A1 Oral Communication

CSU GE Breadth Area A3 Critical Thinking

Courses not approved for the transfer pattern areas above will be approved for the Oral

Communication and Critical Thinking local general education category if they satisfy at

least one complete set of criteria described below.

Criteria: Oral Communication

Courses meeting the requirement for oral communication will focus primarily on teaching

students how to:

- Understand and utilize key rhetorical principles, such as ethos, pathos, and logos, to analyze, construct, and deliver convincing and organized arguments for varied audiences and contexts; and
- Cultivate skills in finding and critically evaluating credible sources to support your points, while adhering to ethical standards of truthfulness, accuracy, and integrity in communication; and
- Demonstrate sensitivity to diversity, equity, inclusion, belonging, and accessibility in your communication as well as participate in and offer constructive peer feedback;
  and
- Engage in multiple faculty-supervised and evaluated speeches, applying effective verbal and nonverbal techniques to manage apprehension and present confidently to a live audience.

# Criteria: Critical Thinking

Courses meeting the requirement for critical thinking will focus primarily on teaching students how to:

- Reflect on one's own thought processes through reading, writing, discussion, and/or other methods; and
- Develop logical arguments, analyze and critique complex texts, and generate complex ideas; and
- Read, view, listen, and respond critically, with attention to a text's purpose, claims, evidentiary support, logical reasoning, as well as possible logical errors; and
- Research and evaluate sources with respect to their relevance, reliability, and appropriateness to the rhetorical context.

## **Mathematical Concepts and Quantitative Reasoning**

The criteria for this local general education area are still in development as of the writing of this document.

## **Arts and Humanities**

Courses in the humanities are those which study the cultural activities and artistic expressions of human beings. To satisfy the general education requirement in the humanities, a course shall be designed to help the student develop an awareness of the ways in which people through the ages and in different cultures have responded to themselves and the world around them in artistic and cultural creation and help the student develop aesthetic understanding and an ability to make value judgments. Such

courses could include introductory or integrative courses in art, foreign language, literature, philosophy, and religion.

A course approved for a general education transfer pattern shall be automatically approved for a local general education category to which it aligns. The following transfer pattern areas align with the Arts and Humanities local general education category.

- Cal-GETC Area 3A Arts
- Cal-GETC Area 3B Humanities
- IGETC Area 3A Arts
- IGETC Area 3B Humanities
- CSU GE Breadth C1 Arts
- CSU GE Breadth C2 Humanities

### Social and Behavioral Sciences

Courses in the social and behavioral sciences are those which focus on people as members of society. To satisfy the general education requirement in social and behavioral sciences, a course shall be designed to develop an Awareness of the methods of inquiry used by the social and behavioral sciences. It shall be designed to stimulate critical thinking about the ways people have acted in response to their societies and should promote appreciation of how societies and social subgroups operate. This category would include introductory or integrative survey courses in cultural anthropology, cultural geography, economics, history, political science, psychology, sociology, and related disciplines.

A course approved for a general education transfer pattern shall be automatically approved for a local general education category to which it aligns. The following transfer pattern areas align with the Social and Behavioral Sciences local general education category.

- Cal-GETC Area 4 Social Sciences
- IGETC Area 4 Social Sciences
- CSU GE Breadth Area D Social Sciences

### **Natural Sciences**

Courses in natural science are those which examine the physical universe, its life forms, and its natural phenomena. To satisfy the General Education Requirement in natural sciences, a course shall be designed to help the student develop an appreciation and understanding of the scientific method, and encourage an understanding of the

relationships between science and other human activities. This category would include introductory or integrative courses in astronomy, biology, chemistry, general physical science, geology, meteorology, oceanography, physical geography, physical anthropology, physics and other scientific disciplines.

A course approved for a general education transfer pattern shall be automatically approved for a local general education category to which it aligns. The following transfer pattern areas align with the Physical and Biological Sciences local general education category.

- Cal-GETC Area 5A Physical Science
- Cal-GETC Area 5B Biological Science
- IGETC Area 5A Physical Science
- IGETC Area 5B Biological Science
- CSU GE Breadth Area B1 Physical Science
- CSU GE Breadth Area B2 Life Science

### **Ethnic Studies**

Courses applied in this area must be approved for Cal-GETC Area 6 or CSU GE Area F or IGETC Area 7.

#### Wellness

## Areas of Health Education

Courses which meet the Health requirement should include the following:

- 1. Holistic Health-integrating physical, psychological, social and spiritual life factors for the individual and for society and how they relate to the quality of life.
- 2. Life-long learning-promote intellectual and physical well-being in daily life choices, with emphasis on the value of well and prevention toward longevity.
- 3. Behavior Modification-critically evaluation personal health choices, incorporating positive Health changes based on informed choices regarding disease prevention, healthy living, and personal choices.
- 4. Mind/Body Connection-stimulate awareness in the individual of the relationship between the whole person and optimal health.
- 5. Health Care Choices-identify factors that relate to making informed health care choices that benefit the individual and society.

# Physical Education (AA/AS)

Courses which meet the Physical Education requirement are those designed to do the following:

- 1. Develop an awareness of the importance of a healthy lifestyle through physical activity.
- 2. Focus on the development of overall well-being through physical activity.
- 3. Enable student to incorporate key principles of healthy lifestyle and physical activity into their own lives to ensure quality of life.

### **American Institutions**

Chabot College's American Institutions requirement is based on the guidelines established for CSU by CSU Executive Order No. 405. (Note: Courses which meet any of the criteria below would qualify; however since Chabot aligns this requirement with CSU, CSU would also need to approve the course).

Description of requirements for courses approved to meet this requirement for CSU. The U.S. History, Constitution and American Ideals requirement appears on CSU/GEB and IGETC (CSU requirement).

- A. Any course or examination which addresses the historical development of American institutions and ideals must include all the subject matter elements identified in the following subparagraphs of this paragraph I.A. Nothing contained herein is intended to prescribe the total content or structure of any course.
- 1. Significant events covering a minimum time span of approximately one hundred years occurring in the entire area now included in the United States of American, including the relationships of regions within that area and with external regions and powers as appropriate to the understanding of those events within the United States during the period under study.
- 2. The role of major ethnic and social groups in such events and the contexts in which the events have occurred.
- 3. The events presented within a framework which illustrates the continuity of the American experience and its derivation from other cultures including consideration of three or more of the following: politics, economics, social movements, and geography.
- B. Any course or examination which addresses the Constitution of the United States, the operation of representative democratic government under that Constitution, the process of

California State and local government must address all of the subject matter elements identified in the following subparagraphs of this paragraph I.B. Nothing contained herein is intended to prescribe the total content of structure of any course.

- 1. The political philosophies of the framers of the Constitution and the nature and operation of United States political institutions and processes under that Constitution as amended and interpreted.
- 2. The rights and obligations of citizens in the political system established under the Constitution
- 3. The Constitution of the State of California within the framework of evolution of Federal-State relations and the nature and processes of State and local government under that Constitution.
- 4. Contemporary relationships of State and local government with the Federal government, the resolution of conflicts and the establishment of cooperative processes under the constitutions of both the State and nation, and the political processes involved.