# ASSOCIATE DEGREE: CRITERIA FOR GENERAL EDUCATION AND GRADUATION REQUIREMENTS. 

## AREAS A-D BELOW ARE DEFINED BY TITLE 5

Students receiving an Associate Degree shall complete a minimum of 18 semester units of general education, including a minimum of three semester units in each of the areas Natural Science (B), Humanities (C) and Social and Behavioral Sciences (D) and the same minimum in each pair of Language and Rationality (A). The remainder of the unit requirement is also to be selected from among these four divisions of learning or as determined by local option.

## A. LANGUAGE AND RATIONALITY:

Courses in language that cover the principles and application of language toward logical thought, clear and precise expression and critical evaluation of communication in whatever symbol system the student uses.

## A.1. English Composition (AA/AS)

Courses fulfilling the written composition requirement shall be designated to include both expository and argumentative writing.

## A.2. Writing and Critical Thinking (Chabot requirement AA only)

Courses in this area will be those, from any discipline, that enable students to grasp another's argument and construct an argument of their own. These courses will emphasize reading and writing that will enable students to:

- Question
- Analyze
- Synthesize, and
- Evaluate ideas at the college level

Courses in this area further will enable students to:

- Recognize the need for information
- Find information
- Evaluate information
- Use information, and
- Communicate information in all its various formats

Finally, courses in this area will:

- Require application of both critical thinking and communication skills
- Combine aspects of library literacy, research methods, and technological literacy, and
- Consider the ethical and legal implications of information use.


## A.3. Communication and Analytical Thinking (AA/AS)

Courses fulfilling the communication and analytical thinking requirement include oral communication, mathematics, logic, statistics, computer languages and related disciplines.

## B. NATURAL SCIENCE: (AA/AS)

Courses in natural science are those which examine the physical universe, its life forms, and its natural phenomena. To satisfy the General Education Requirement in natural sciences, a course shall be designed to help the student develop an appreciation and understanding of the scientific method, and encourage an understanding of the relationships between science and other human activities. This category would include introductory or integrative courses in astronomy, biology, chemistry, general physical science, geology, meteorology, oceanography, physical geography, physical anthropology, physics and other scientific disciplines.

## C. HUMANITIES: (AA/AS)

Courses in the humanities are those which study the cultural activities and artistic expressions of human beings. To satisfy the general education requirement in the humanities, a course shall be designed to help the student develop an awareness of the ways in which people through the ages and in different cultures have responded to themselves and the world around them in artistic and cultural creation and help the student develop aesthetic understanding and an ability to make value judgments. Such courses could include introductory or integrative courses in art, foreign language, literature, philosophy, and religion.

## D. SOCIAL AND BEHAVIORAL SCIENCES: (AA/AS)

Courses in the social and behavioral sciences are those which focus on people as members of society. To satisfy the general education requirement in social and behavioral sciences, a course shall be designed to develop an Awareness of the methods of inquiry used by the social and behavioral sciences. It shall be designed to stimulate critical thinking about the ways people have acted in response to their societies and should promote appreciation of how societies and social subgroups operate. This category would include introductory or integrative survey courses in cultural anthropology, cultural geography, economics, history, political science, psychology, sociology, and related disciplines.

## E. WELLNESS (Chabot requirement-AA/AS)

## Areas of Health Education

Courses which meet the Health requirement should include the following:

1. Holistic Health-integrating physical, psychological, social and spiritual life factors for the individual and for society and how they relate to the quality of life.
2. Life-long learning-promote intellectual and physical well-being in daily life choices, with emphasis on the value of well and prevention toward longevity.
3. Behavior Modification-critically evaluation personal health choices, incorporating positive Health changes based on informed choices regarding disease prevention, healthy living, and personal choices.
4. Mind/Body Connection-stimulate awareness in the individual of the relationship between the whole person and optimal health.
5. Health Care Choices-identify factors that relate to making informed health care choices that benefit the individual and society.

## Physical Education (AA/AS)

Courses which meet the Physical Education requirement are those designed to do the following:

1. Develop an awareness of the importance of a healthy lifestyle through physical activity.
2. Focus on the development of overall well-being through physical activity.
3. Enable student to incorporate key principles of healthy lifestyle and physical activity into their own lives to ensure quality of life.

## F. AMERICAN INSTITUTIONS: (Chabot requirement-AA only)

Chabot College's American Institutions requirement is based on the guidelines established for CSU by CSU Executive Order No. 405. (Note: Courses which meet any of the criteria below would qualify, however since Chabot aligns this requirement with CSU, CSU would also need to approve the course).

Description of requirements for courses approved to meet this requirement for CSU. The U.S. History, Constitution and American Ideals requirement appears on CSU/GEB and IGETC (CSU requirement).
A. Any course or examination which addresses the historical development of American institutions and ideals must include all the subject matter elements identified in the following subparagraphs of this paragraph I.A. Nothing contained herein is intended to prescribe the total content or structure of any course.

1. Significant events covering a minimum time span of approximately one hundred years occurring in the entire area now included in the United States of American, including the relationships of regions within that area and with external regions and powers as appropriate to the understanding of those events within the United States during the period under study.
2. The role of major ethnic and social groups in such events and the contexts in which the events have occurred.
3. The events presented within a framework which illustrates the continuity of the American experience and its derivation from other cultures including consideration of three or more of the following: politics, economics, social movements, and geography.
B. Any course or examination which addresses the Constitution of the United States, the operation of representative democratic government under that Constitution, the process of California State and local government must address all of the subject matter elements identified in the following subparagraphs of this paragraph I.B. Nothing contained herein is intended to prescribe the total content of structure of any course.
4. The political philosophies of the framers of the Constitution and the nature and operation of United States political institutions and processes under that Constitution as amended and interpreted.
5. The rights and obligations of citizens in the political system established under the Constitution
6. The Constitution of the State of California within the framework of evolution of Federal-State relations and the nature and processes of State and local government under that Constitution.
7. Contemporary relationships of State and local government with the Federal government, the resolution of conflicts and the establishment of cooperative processes under the constitutions of both the State and nation, and the political processes involved.

## G. AMERICAN CULTURES: (AA/AS)

Courses meeting the American Cultures requirement must satisfy the following:

1. A historical overview of society, culture, race and ethnicity, with specific attention to at three of the following groups: Native Americans, African Americans, European Americans, Asian/Pacific Islander Americans, Chicano/Latino Americans, and Middle Eastern Americans, presented in an integrative and comparative nature. This includes the rich expressions of American's diverse identities, experiences, voices and unique contributions across disciplines.
2. Areas of (but not limited to ) gender, major institutions, class, and age, within the social, cultural, political, and historical context of the diverse American experience.
3. An integrative and comparative pedagogy open to all disciplines provided the course satisfies the content and intent of American Cultures.
4. A goal of developing cultural competence, defined as: (a.) knowledge and openness about one's own cultures; (b) an appreciation of cultural and racial diversity as it applies to differences in the "American Experience"; (c) the socio-historical perspective and flexibility needed to bridge cultural gaps, gained through academic study; (d) knowledge of the heterogeneity even within ethnically and racially diverse populations. i.e. all African Americans are not alike; and (e) tools for application of these competencies within students' own communities.

## H. MATH PROFICIENCY: (Title V requirement-AA/AS)

Referencing California Community Colleges, Title V, Section 55805.5 Barclay Education Codes; "All mathematics courses above and including elementary Algebra shall be acceptable and approved by Curriculum Committee at Chabot College. (Note: Starting in Fall 2009, the Title V Ed Code has changed to "all mathematics courses above and including intermediate Algebra ...")

